

Magazine of the 9th Eastern Mediterranean Region meeting of the IFMSA in Tunisia

Sunday, January 27, 2013 No. 3 It's today



Theme event

Emergency medicine



The Simulation is a new technology, a revolution in the pedagogic field, using high accuracy models simulating the human and his physiologic performance and dysfunction.

The simulation has been borrowed to the aviation domain which is a very risky field.

The medicine of the 21st century uses this technology so that it permits a better teaching without all the risks for human lives while being as close as possible to real situations.



The innovation these last years is the introducing of the audio-visual means that enable a better contact with a bigger number of students, while keeping the same difficulties and the same challenges as in real life.

We can almost reproduce everything, especially in the emergency medicine field, but it can also be adapted to operating room situations, with all the anesthesiaresuscitation issues, to neonatology, etc... One of the several advantages of the simulation is that it enables the teaching of some aspects of the practice that cannot be taught in books. We mean by that the communication among the medical staff, the environment management, crises management, etc...

The interesting part is when we discuss our faults and what was wrong during the simulation, what was right, so that we can improve our techniques and sharp our achievements.

Today, our theme event concerns all the levels in medicine studies, from the youngest to the oldest, and which is the cardiac arrest and the management of the team during the intervention.

We are using the last and the most performing model that exists. Some of the students will have the chance to live the scenario and apply on the model; some others will sit in and watch the progress of the intervention in live through the audio-visual means.

Each student will act alone: he will have to act as if he was in the real emergent situation.

EMR 10 ?

7 NMOs voted today in the president session. 2 votes went for each NMO (EMSA Egypt, LMSA Libya) where 3 of them voted against both. We thank the NMOs candidates for their presentation and we hope that in the March Meeting, Washington we will know finally the EMR 10 host.

United colors of EMR

Yesterday, I was invited to a wedding, but not any kind of wedding. It wasn't a union between a man and a woman, like in the common meaning of the word, but a union between cultures. It was one of the most wonderful shows I have ever seen. Though we are all coming from one unique region, it was incredible to notice how different and similar at the same time we are.

It all started with the Tunisian wedding, the groom and his bride were so real, the music, the ululations, how people dressed up for that occasion. Everything, every detail was there.



Everybody danced, sang, laughed, we could see all the people holding hands and entering a sort of delirium of happiness. All the nationalities joined the celebration, each one participating with its proper dabka, its proper dance, and its proper traditions. The Palestinian, then the Jordanian, the Egyptian and so on... It was a festival of colors standing on the tables, sweets and plates melting with delicious juices that could quench our thirst of reconciliation. Into that big mess I could see from above the stage a sort of union. It was so magic and moving, I had a deep feeling of belonging to those people, and it was really a great feeling.

I secretly thought and told myself, imagine if there were no borders, all those people free to share the best of what they have, and ready to overcome all the challenges together, just imagine...

SCOPH Report

Since I have heard that Tunisia will host the 9 th edition of the EMR ,I was very excited to take part of this incredible adventure that IFMSA offers to us ,we medical students worldwild! Our orange SCOPH family was composed of 25 members. We started on the first day with an introduction to SCOPH, entitleed « Know your SCOPH » describing our mission ,our goals and activities, how to implement practical interventions while dealing with the most uptodated issues and how to make sustainable national, transnational and international projects. Actually I was amaizingly surprised by the motivation and the enthusiasm of the group! The next activity was a kind of a competitive game and we had to figure out problems that the committee was facing in order to find solutions to. We continued with a workship about « How to make a SCOPH team >> , we raised the following points : knowing your standing committee, assesing the needs of your country, recruiting members ,being part of meetings , discussing on servers, ending with how to set your own project. We talked about the « GAP exchange »; an interesting way to learn more about an endemic disease in the country visited.



We had the privilege of being talked to by Dr Hassen Ghannem ,an epidemiologist from the University of Sousse who presented a conference about « Community based interventions for chronic disease prevention in Tunisia ».

The discussion could have gone for hours if we had time. There is no doubt that we established a strong base to move forward.. So its time to go working and hopefully we will acheive our goals! Thank you EMR SCOPHians you made the session special!



In the shoes of an OC member

06:00 While I'm dreaming myself in a desert island drinking a juice cocktail, I hear my noisy alarm clock ringing and reminding me that I'm still EMR9 OC member. I wake up very fast and dress up in 2 minutes. 06:30 I run in all directions trying to make the session's rooms ready for 8 am.

"- Excuse me sir, can I have the keys of SCOME's room? - Okay, wait for 5 minutes.

08:00 Sessions should normally have started, but trainers are still claiming for last-minute needs.

09:00 While sessions are in full swing, I have a lot to do : checking the new incomings, setting up the coffee break for the participants and preparing logistic materials for the training sessions.

10:00 The main hall is crowded: I'm at the OC desk. helping the participants and answering their questions. Some of them want to know more about the social program of tonight, the others are wondering if they can have a sim card whereas the trainers are asking for one more marker or flipchart.

12:00 Lunch time for the participants, time for me to clean the rooms.

14:00 Participants are joining again training sessions. It's the only chance for me to taste the restaurant's food. When arriving there, the door was closed to my dismay. Fortunately, a nice waiter afforded me and my coworkers a meal.

16:00 : I became the new representative of Tunisiana mobile company. A bag full of sim cards next to me, I am delivering them to the EMRians explaining using pro-

18:00 : I am turning into clothing seller behind the EMR9 marketing desk.

"- I'm sure that large size will be perfect for you... Oh, well, let's try the medium one and don't forget the EMR9 daily telegraph. Have a nice evening!"

19:00 I'm running from a hall to another, a girl stopped me:

"You know, you don't have to wear a white shirt so I can recognize you as an OC member: Your face expresses everything!

20:00 I am on my laptop printing some important papers, when suddenly stopped working. I need to go to the city center to fix it.

21:00 I am back. May be I can rest for half an hour and have a dinner.

21:10 The OC is calling me. We need to start writing the articles for the magazine.

02:00 It's my fourth coffee in a row and I still have not finished yet.

04:04 I'm writing these lines to tell you that despite the tiredness, lack of sleep, I'm really pleased to be part of the EMR9 OC and to serve you, dear participants.









Meanwhile, in the backstage...

What was your best memory in EMR9?

It was celebrating my birthday on Monday 21st. My friends made a surprise for me and it touched me deeply. But trying to pick one best moment is really hard because almost everything was really qreat.

Moften Salah Barka
LMSA Libya
LMSA Libya

What you will be missing when you will be back home?

Definitely. I will be missing the whole experience of EMR9. The events organized during the conference were amazing. It helped people to socialize together. We had so much fun. The social program was phenomenal. I didn't really expect to have so much fun and at the same time learn so much.
Thank you OC EMR9!

AbdulwahhabBornama KUMSA KOWAIL

What is the funniest thing that happened to you?

The funniest thing I've seen is the Tunisian Hakka. We did it today at the old city of Soussa. It was really crazy and hilarious!!

What is your impression about the Tunisian accent?

I met a lot of Tunisian in my life and I was always honored by their hospitality and kindness so when I registered for the EMR of course I was 100% happy that it was taking place in Tunisia and I kept for 2 weeks searching for YouTube video about your accent because I wanted to surprise my Tunisian friend. I'm working on it though and my Tunisian is getting better "barchabarcha". IFMSA Netherlands

What was the weirdest thing you did in the EMR9?

The shakshouka game was the weirdest thing because it made mé do something I have never had to do before and probably I will never do it again. Huda Al Zubaidi IFMSA Oman

What was your most exciting experience?

A lot of really exciting things happened but the most important is the fact that EMR helped me to be myself and overcome my fears. I had never image that I'm able to do a presentation in front of a large among of people.



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